



December 2008

Dear EWTC Members!

Finally we made it, the newsletter 2008 is done. We know, the last one was sent in August 2007, such a long time, but we're working on it that it won't take that long next year 2009!

Here you will find:

- Reports about all the seminars
- Membership of the EWTC in the DDQT
- The Blue Book's 3rd edition
- Welcome to new members
- What is to come in 2009

Seminars

Lake of Constance April 5th -6th 2008

Already established as a tradition, the seminar at the Lake of Constance was once again seen at its best this year in April. Over two days participants from all over Germany and also guests from Spain trained together in several groups. Supported by Gisela und Ulrich Gössler, Jean Christoph Raynald und Benjamin Kasenda, Master Ma Jiang Bao taught in all groups and gave further precious hints without missing to emphasize the importance of the basics. As usual the seminar took place in a fabulous atmosphere, so thanks to all the helping hands! The lake side located Italian restaurant Al Porto was the place to go for lunch and dinner. On Sunday afternoon, under the supervision of master Ma Jiang Bao, Susanne Bendix successfully passed her exams for gaining the teacher certificate. Congratulations!



Whitsun May 10th -11th 2008

After cancellation last year the traditional Whitsun seminar again took place over two days in Venlo. Continuing the successful seminar at the Lake of Constance many participants from Germany and the Netherlands trained together in different groups. Also regarding the good atmosphere there was no decrease at all. The only difference was that dinner was taken at the Chinese and not Italian restaurant. Taken together the feedback from all sides was very good. We're looking forward organizing the same seminar next year in different rooms in Venlo.

**Teachers' seminar September 13th - 14th 2008**

After a long summer break, the seminar at the Lake of Constance was again a good meeting for intensive training especially for the teachers as besides working on the forms there were also lectures about anatomy and physiology in order to practice and implement these aspects in teaching Wu Tai Ji Quan. Furthermore the annual members' meeting was hold after the seminar.

Largo Maggiore October 7th – 13th 2008

The Largo Maggiore again with its beautiful scenery was a good background for 6 days of intensive training. As every year, the organization was done by Gisela and Ulrich Gössler, and Gigi. It should not be missed that the gifted Gigi is not only a good host, but also priced in the Guinness Book of Records for the longest flan worldwide. The high number of applications and the good feedback after the seminar encouraged us to promote and support the growing Wu Tai Ji association all over Italy. Thanks again to everybody taking part and bringing those days to a success.

**Tui Shou Meeting in Düsseldorf and Haan**

To provide an insight into the Tui Shou a seminar for beginners was held on the 26th October in Düsseldorf-Bilk. Under supervision of Nina Wagner, Jean Christoph Raynald and Torsten Schiz beginners were able to learn the first single and double hand exercises. Furthermore Torsten with his background from sport science analyzed and clearly explained the principles of movement behind the Tui Shou and the form. Because of the good feedback, the next appointment was scheduled on the 30th November also having many participants. Fortunately this seminar seems to establish itself! All who are interested in Tui Shou are warmly welcomed, no previous knowledge is needed to start. Additionally it is planned to rent a room in Haan for free training especially Tui Shou. For further information please take a look at our website.

EWTC in the DDQT

Since May 2008 the EWTC e.V. is a member of the German Association for Qi Gong and Tai Ji Quan (DDQT). For us this membership has two important points. First, we now have a good platform for communication and exchange to other organizations. Second, for those of you who work together with the medical insurances in Germany may need certificates in order to be allowed teaching Tai Ji the insurances clients. These certificates are awarded by the DDQT and are available for all teachers. For more information please contact Ulrich Goesler (ulrich@taichi-bodensee.de).

3.Auflage des Blauen Buches

It is done! The Blue Book will be published in a revised 3rd edition. New texts about central terms within the Tai Ji Quan as well as better descriptions of some positions were added. Furthermore the layout was modified in order to strengthen the character of a working book. For more information and ordering please contact Nina Wagner (nina.wagner@hsp.de)

Mitgliedschaften

We warmly welcome the following new members: Simon Schmidt, Christiane Stickel, Nicole Frey, Michael Kammermeier, Joan Hernandez Serret, Sabine Reichle, Claudio Fontana, Theo Schmidt, Christiane Rau, Annette Handrich, Andreas Osinski, Torsten Gigl, Klaus Dreisbusch, Gabriele Traub-Jahn, Ilse Wagner, Roswita Böhme, Margit Klein, Herman Feigele und Mauro Floritta-Martorana. (Anyone forgotten here, please tell me - benjamin.kasenda@gmail.com)

Ausblick

Due to the actual development and further professionalization of Tai Ji Quan it is important for us to improve the contents and teaching techniques for our members. One aim is to define the contents and educational steps more precisely. Being aware of the danger to put the development too much into shape individual development and having its own focus should still be a central point of this process. We hope to balance that well and to be finished with that work in middle of 2009. Anybody who is interested to give her or his input are warmly welcomed.



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Zi Ran, nature by Lü Chen